


2024 Empowering Parents Series

 956-984-6201

 Region One ESC Zoom



Empower Your Parents!

This series will help parents increase their knowledge and skills in the mental health and development of their children to help increase academic and social success. When schools purchase access to this three part series, they will receive our zoom link to access these live sessions. If your parents can't attend the live sessions, no problem, we will provide the school with the recording for their parents to view at their convenience.

**Oct.
8**

Coping Strategies
for Anxiety

**Nov.
12**

Technology
Addiction & Online
Threats

**Dec.
10**

The Power of Gratitude:
Techniques to Practice
with your Children

**Session times:
5:30 p.m. - 6:30 p.m.
Workshop #340013**

***Purchase the series today for \$300
Call 956-984-6201 for more details!***

